

ABSTRACT OF THE DISCLOSURE

A fixing member heat bonds a toner on a recording material.

The fixing member includes a releasing layer, a layer of elastic material, below the releasing layer, and a layer of adiabatic and hygroscopic

5 material, below the layer of elastic material. The layer of elastic material includes a layer of electrically conducting material to pass electric currents, an adiabatic, elastic, and hydrophobic material, and a porous material to the release of the moisture absorbed by the layer of adiabatic and hygroscopic material.

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